

If insurance is accepted, plans are listed after each resource. All listed are trained in perinatal mood disorders and maternal mental health.

All provide receipts for out of network insurance submission.

Further resources can be found at www.postpartum.net

Erin Saddic, MS PMH-C, LPC
1040 West Chester Pike Suite 211
West Chester, PA 19382
Email: erin@erinsaddic.com
Phone: 610-931-5547
www.erinsaddic.com

Dara Dvinoff, LCSW
24 Paoli Pike
Paoli, PA 19301
Contact
Email: dara@daradvinofftherapy.com
Phone: 610-596-9970
Aetna, Cigna, United, and all BCBS plans (Highmark, Anthem, Personal Choice, Keystone, IBX)

Women's Emotional Wellness Center
Liz Bland, LCSW
Newtown Square, PA 19073
King of Prussia
www.mainlinehealth.org/WEWC
Accepts all major insurances.

Ali Wilburn, LCSW
18 Mystic Lane
Malvern , Pennsylvania 19355
610-716-3979
<http://www.aliwilburn.com/>
Medicare.

Lisa Pagano
967 E Swedesford Rd
Suite 200
Exton, PA 19341
484-883-1496
lpagano@gmail.com
<https://www.lisapaganotherapist.com/>

Nicole McNelis, LPC
The Commons at Valley Forge
1220 Valley Forge Rd.
Suite 38
Phoenixville, PA 19460
484-393-1193
nicolemcnelistherapy@gmail.com
<http://nicolemcnelis.com/>

Melissa Ferrigno, MA, LPC, PMH-C
101 Lindenwood Dr, Suite 225,
Malvern PA
484-301-0803
<https://www.halcyontherapyllc.com/>

Heather Tuckman, Psy.D
203 West Chestnut Street
West Chester, PA 19380
610-430-1430
www.heathertuckman.com

Anthem

Blue Cross

Blue Shield

BlueCross and BlueShield

Capital Blue Cross

Federal Blue Cross

Highmark

Horizon Blue Cross and Blue Shield

Most out of state Blue Cross

NOT provider for INDEPENDENCE PERSONAL CHOICE/IBX

Annemarie K. Lange, LPC
7 W Central Ave
Paoli PA 19301
484-678-7565
alangelpc@gmail.com
<https://www.annemarielangelpc.com/>
APS Healthcare
Aetna
American Behavioral
Anthem
BlueCross and BlueShield
Carebridge EAP
Ceridian
Ceridian EAP
E4Health
First Call EAP
HMS/Health Advocate EAP
Health Advocate
Highmark
Humana
Lifesynch
MHNet Behavioral Health
Optum
Preferred Mental Health Management
UnitedHealthcare

Erin Jameson Saltzburg
558 W Uwchlan Avenue
Suite 100
Exton, PA 19341
484.879.4292
<http://www.turningpointassociates.net>
Aetna, Highmark BC, Medicare and Imagine Health.

Andrea Roundtree, LCSW
41 Paoli Plaza Suite E
Paoli, PA 19301
484-323-6286
www.arrcounseling.com
Aetna, Carebridge EAP

Nancy Buckwalter, LCSW
2 Mystic Lane
Malvern, PA 19355
484-313-4287
Beacon

Amy Schullery, Psy.D
26 Regency Plaza, Glen Mills PA 19342, 2nd Floor
610-635-9641
www.dramyschullery.com
All blue cross plans

Shawn Kraemer
125 Coulter Avenue, Ardmore, PA 19003
Tel: 610.642.4873 | Fax: 610.642.4886
Paoli Executive Green, Building 1, Suite 304
41 Leopard Road, Paoli, PA 19301
Tel: 610.647.6406 | Fax: 610.407.0302
<http://www.centerpsych.com/>

Cristina DiBartolomeo, MA, LPC
101 Lindenwood Dr, Suite 225,
Malvern PA
484-301-0803
<https://www.halcyontherapyllc.com/>

Michelle E. Newdeck, MS, LPC, NCC PMH-C, CPLC
Halcyon Therapy, LLC
Psychotherapist
1 North Barton Hill Road
Suite 109
Malvern, PA 19355
484-393-2491
MNewdeck.counseling@gmail.com
<https://www.halcyontherapyllc.com>

Jamie Hummell, NCC LPC-DE
Tranquility Counseling, Inc
West Grove, Pennsylvania 19390
302-636-0700
tranquilityhelps@gmail.com
<https://www.tranquilitycounselinginc.com/>

Sage Windemaker
312 W State Street
Kennett Square, PA 19348
(484) 734-0008
<https://www.sagewindemaker.com/>

Beth Wolske, MSW, LSW
312 W State Street
Kennett Square, PA 19348

beth@sagewindemaker.com

484-352-3028

Susan Winters-Griste
Well-Mind Therapy, LLC
1220 Valley Forge Road
The Commons At Valley Forge, Ste 38
484-686-4915

Phoenixville, Pennsylvania 19460

<https://www.wellmindtherapy.com/>

Anthem

BlueCross and BlueShield

Highmark

Horizon Blue Cross and Blue Shield

Scott Bragg, LPC (Specializes in postpartum dads)

30 South Valley Road

Suite 304a

Paoli, PA 19301

610-486-3535

<https://scottbraggpaoli.wixsite.com/scottbraggcounseling>

Ceridian

Highmark

Optum

Dana King-Butler, MSW, LCSW

219 W. Lancaster Ave.

Paoli, PA 19301 (Also has an office in Center City)

610-644-6464 ext: 1381

<https://www.myraysofhope-dkb.com/>

ACI Specialty Benefits

AmeriHealth

Behavioral Health Systems

BlueCross and BlueShield

Medicare

Cigna

United Behavioral Health

Highmark

MHNet Behavioral Health

Magellan Behavioral Health

Optum

Kateryna Dukenski

100 W 6th St, Media, PA 19063

Phone: (484) 441-3322

<http://www.drdukenski.com/>

Elizabeth Krause

3855 West Chester Pike, Suite 305
Newtown Square PA 19073
202-494-0424

Reduced Fee/Community Resources

Family Services Chester County
310 North Matlack Street, West Chester, PA
Phone: 610-696-4900
Email: info@familyservice.us
<https://www.familyservice.us/>

Community Mental Health Services West Chester University
CMHS is located at 125 West Rosedale Avenue on the 8th floor of Wayne Hall on the WCU main campus in West Chester, PA. Free parking is available in the lot in front of the building.
<https://www.wcupa.edu/sciences-mathematics/psychology/psyD/mentalHealthServices/>

Psychiatrists

Stacey Espailat, MD
Board Certified Psychiatrist
www.StaceyEspailatMD.com
12 Penns Trail, Newtown, PA 18940
Phone: 215-609-4099

Shanthi Trettin, M.D., M.A.
Women's Psychiatric Healthcare, LLC
173 Belmont Avenue
Doylestown, PA 18901
267-880-0770
strettin@wphealth.com
Does not take insurance

Deborah Kim, M.D.
Haverford Square
385 Lancaster Ave, Suite 206
Haverford, PA 19041
610-420-4761
drkim@upenn.edu
Private pay

